



Snoozie, the naughtiest of bats!

We all know Susie Switch Witch
But what about her bats?
Did you know the naughtiest
Likes to chew her hats?

He's always very grumpy
And in the foulest mood
It's no surprise, he never eats
Any healthy food!

Munching hats and candy
Is how he spends his day
He hangs up in the eaves and yawns
He's far too tired to play

Susie calls him Snoozie
As all he does is sleep
If he'd only eat his vegetables
He wouldn't be so weak

The other bats are just as bad
They hang around and fart
Their tummies are so rotten
The pong is off the charts!

But Susie's had a bright idea
To show her bats some children
Tasting new and healthy food
Perhaps then they will listen?

Wouldn't that be something?
If you could help bats learn
That fruit and veg and wholegrains
Give them energy to burn

And how about some protein
To build some mighty muscles?
Chicken, beans or scrambled eggs
Instead of gum and truffles!

So when breakfast, lunch or dinner
Is nutritionally fantastic
Make sure to show Susie's bats
That you're enthusiastic!

Take some funny pictures
Of the food that's on your plate
So Susie can show Snoozie
And his best friends, Slobs and Slate

She may not see it happening
(Bats like to eat at night)
But if they see you eat healthy food
Then they might try a bite

And trying is important
Just think what they could miss!
Spaghetti, grapes and broccoli...
We know we can't resist!

There's one remaining question
If her bats get fit and healthy
What will she do with all the junk?
Sell it? (She'd be wealthy!)

Or pour it in her cauldron
And conjure up some hats?
New ones, crisp and fabulous
That won't get chewed by bats!

Email your pictures to Susie! susieswitchwitch@natural.bm