



The Natural Cook: Fall Edition

With Catherine Burns and Sarah Wight

On The Table

Plant Powered Appetizer Board

Main Course

Dairy Free Pistachio Pesto Crusted Free Range Chicken

Cauliflower Mash and Elevated Kickin' Kale Salad

Dessert

Dairy Free Pumpkin Pie with Whipped Coconut Cream

Dark Chocolate Truffles

Organic wine and water served

Menu is dairy and gluten free